

# THE SCIENCE OF REINCARNATION

## 7<sup>th</sup> Grade Rewrite

### Introduction

This book explains a big idea: **your consciousness—your inner awareness—does not die when your body does.** It continues, moves, and comes back in new lives. This may sound strange at first, but many scientists around the world study this topic, and their research gives us clues about how reincarnation works.

Different universities and research groups focus on different parts of the science:

- **University of Virginia** studies children who remember past lives.
- **UNLV** studies near-death experiences.
- **University of Miami** studies past-life regression.
- **University of Toronto** studies psychic archaeology.
- **Princeton, Stanford, and other labs** study remote viewing and intention experiments.
- **The Monroe Institute** studies how consciousness moves beyond the body.

All of these groups find results that fit together like puzzle pieces. When you compare what they learn, the stories and data often match.

For example, a child who remembers a past life may describe the time they were “dead” in the same way someone with a near-death experience does. When different people in different places describe the same thing, it means something real is going on.

One book in this series uses math to show how likely reincarnation is, and the answer is: **very likely.** Another book explains how people can learn to explore this “consciousness space” on purpose.

### Consciousness Comes First

The famous scientist Max Planck once said that **consciousness is the base of everything, and matter comes after.** If that’s true, it means you existed before your current body, and you will exist after it too.

As researchers kept learning, they discovered ways to explore this “space” where consciousness goes during and after life. One method is called the **Gateway Process**, created by Robert Monroe. It uses sound tones to help your brain reach a calm, dream-like state where you can sense more than you normally do.

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## What Is Consciousness?

Your consciousness is **you**—your thoughts, your memories, your awareness. It is not your body. Your body changes every year, but **your “you-ness” stays the same.** That means consciousness is not physical in the normal way.

At the smallest level, consciousness appears to be made of **electrons**, which can behave like particles or waves. As particles, they act in the physical world. As waves, they exist in a dimension that feels more like dreams, meditation, or out-of-body experiences.

When you learn to enter the wave state on purpose, you can explore that four-dimensional space. People have used this to:

- sense or meet loved ones who passed away
- have out-of-body experiences
- see past or future events
- connect with non-physical beings

Many people call these beings “angels,” but they may simply be other forms of intelligent life.

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## Proof Through Real Cases

One famous example is **Suzanne Ghanem**, a girl who remembered being a woman named Hanan Monsour. She knew the names of 13 family members from her past life even though she was only two years old. When she met them, they said she acted and spoke just like Hanan.

There are many cases like this. When you put them together, patterns form—like repeating designs. These repeating patterns are called **fractals**, and they show that reincarnation is not random. It follows rules.

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## Aliens and the Afterlife

The science of reincarnation does not just talk about humans. It also includes other intelligent beings. People sometimes meet these beings during near-death experiences or deep meditation.

The U.S. government has even studied this. A 1983 CIA report said people exploring consciousness should be ready to “meet intelligent, non-physical beings.” In other words, aliens that don’t have bodies like ours.

Some alien groups seem to live partly in the same four-dimensional space we enter when we dream or meditate.

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## Aliens in Our Physical World

There are also clues that alien groups exist in our three-dimensional world:

- Photos from Mars show structures that look like buildings.
- Soil from Mars contains an element formed only during nuclear explosions.
- Historical reports suggest President Eisenhower met with extraterrestrials.
- Many people have reported contact with “the Grays,” a common alien species.

Some reports say the Grays may be trying to save their species by creating hybrids with humans.

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## Crop Circles as Messages

Not all communication comes through governments. Some real crop circles (not the fake ones) contain signs of advanced knowledge.

For example:

- In 2011, a crop circle showed a gamma-ray burst **one day before** scientists detected the real burst in space.
- Other crop circles showed chemical structures or images of viruses before scientists discovered them.

Real crop circles often appear the same way—created by a small glowing ball of light moving over a field.

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## Changing Our Collective Agreement

A “collective agreement” is what most people believe without thinking about it. But if we learn new things about consciousness, aliens, and life after death, our beliefs must also change.

This new science challenges old ideas:

- War becomes pointless when we realize consciousness continues after death.

- Racism, sexism, and discrimination make no sense in a world where we reincarnate into different bodies.
  - Earth must be protected because we will return here in future lives.
  - Humanity should work together because we are not alone in the universe.
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## **Building a Better Future**

If reincarnation is real, then the world we create now is the world we will return to. That means:

- we should end war
- we should stop harming the planet
- we should cooperate with each other
- we should prepare to meet other intelligent beings peacefully

The science of reincarnation is meant to help us grow into a wiser, kinder, more advanced species.

This book—and the others in this series—aim to show how.

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